



Iced-Tea Fruit Punch

Created by Annie Wayte

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Serves 8–10

Bits of fresh berries intensify a tea, mint and fruit-infused punch. For adult palates, substitute champagne for the sparkling water and add dark rum.

INGREDIENTS

2 Tbsp. loose berry or fruit tea, or 6 berry tea bags

Natural-cane turbinado sugar to taste

2 cups fresh seasonal fruit, such as a combination of raspberries, blueberries, sliced strawberries, pitted cherries, grapes

1 orange, skin removed, cut into segments

1 lemon, quartered lengthwise and thinly sliced

1 lime, quartered lengthwise and thinly sliced

1/2 cup fresh mint leaves, coarsely chopped

2 cups ice cubes

2 cups sparkling water or champagne, optional

3 cups dark rum, optional

Bring six cups water to a boil; add tea leaves and steep 10 minutes. Strain into a vessel and discard leaves. Add sugar to taste, stirring to dissolve.

Cool to room temperature, then cover and refrigerate.

Place ice, fruit and mint in a large pitcher. Add the cold tea and, if using, sparkling water or champagne, and rum. Stir and serve.

Alaska **Raspberry** **Mint** Punch

Whether you're looking for a non alcoholic punch recipe or an excuse to use raspberries, this punch is a tasty treat for weddings, holidays, and well, every day!

6 sprigs of fresh mint leaves (or 3 tablespoons dried)

2 cups fresh or frozen raspberries, crushed

1 cup water

3 quarts lemonade (or half lemonade, half limeade)

Mint for garnish

Bring water to a boil, add mint leaves and steep for five minutes. Strain and cool. Stir in berries and add mixture to the lemonade. Chill for at least two hours to allow flavors to

blend. Serve in tall glasses with ice, garnished with a mint leaf or two, or serve in a punch bowl with mint leaves and "icebergs" of lemon or lime sherbert. Serves 12-14.

Spiced Fruit Punch recipe

ingredients

2 3/4 cups (21 fl oz) 600 ml orange juice
1 1/4 cup (1/2 pint) 300 ml pineapple juice
juice and rind of 1 lemon
1/2 tsp each ground nutmeg and ground Mixed Spice (All Spice / Pumpkin pie spice)
6 cloves
2 3/4 cups (21 fl oz) 600 ml water
1/2 - 3/4 cup (110 - 175 g) caster sugar (superfine granulated)
3 1/2 cups (27 fl oz) 750 ml ginger ale, chilled
crushed ice

method

1. Put the fruit juices, spices and lemon rind in a large jug.
2. Put the water and sugar in a saucepan and bring to the boil.
3. When the sugar has dissolved, leave to cool, and then add to the ingredients in the jug. Chill.
4. Just before serving, strain the liquid and add the ginger ale and crushed ice.

Fruit punch

3 qt. orange juice
2 qt. pineapple juice
2 liters lemon-lime soda
1/2 cup grenadine syrup OR juice from 10 oz. jar maraschino cherries
4 cups ice cubes
1 med. orange - sliced
1 med. lemon - sliced
1 med. lime - sliced

-Combine juices, soda, and grenadine in a punch bowl.

-Add ice.

-Lay slices of fruit on ice to garnish.

FRUIT PUNCH MEDLEY

2 (10 oz.) pkg. frozen strawberries in syrup, thawed
3 c. each apricot nectar and cold water
1 c. Realemon lemon juice from concentrate

1 (6 oz.) can frozen orange juice concentrate, thawed

1 c. sugar

3 (12 oz.) cans ginger ale, chilled

In blender puree strawberries. In punch bowl combine strawberries and remaining ingredients except ginger ale. Stir until sugar dissolves. Before serving add ginger ale and ice ring.

ICE RING:

Freeze 2 1/2 cups water in 1 quart ring mold. Arrange assorted fruits on top of ice slowly; pour 1/2 cup water over fruit; freeze.

FRUIT PUNCH

3 c. orange juice

Rind of 1 orange

1/4 c. lemon juice

Rind of 1 lemon

1 c. pineapple juice

3 c. water

6 cloves

1/2 tsp. cinnamon

1/2 tsp. cloves (whole)

1/2 tsp. allspice (whole)

2 qts. ginger ale

Mint sprigs

Combine fruit juices and rinds with water, and add spices. Stir and let stand several hours at room temperature. Strain out spices - use fine cheese cloth. Pour over ice in punch bowl. Add ginger ale and mint to garnish. Serves 25-30.

CHRISTMAS FRUIT PUNCH

1 (6 oz.) can frozen orange juice

2 (6 oz.) can frozen limeade

1 (6 oz.) can frozen lemonade

1 lg. can pineapple juice

1 pt. cranberry juice cocktail

2 (4 c.) cold water

2 qts. chilled gingerale

1 qt. plain chilled soda water

1 qt. frozen strawberries

Mint garnish

Empty frozen juices, pineapple and cranberry juice, and water in a large container. Let stand until frozen juice is thawed; stir well. Add frozen strawberries. Pour mixture into punch bowl. Add ice cubes. Just before serving, gently pour in gingerale and soda water. Top with fruit ice ring and sprigs of mint. Fruit Ice Ring: Use any combination of lime, lemon or orange slices. Arrange in pattern in ring mold; add water to cover fruit and freeze.

WHITE HOUSE PINK FRUIT PUNCH

1 qt. orange juice

2 c. pineapple juice

1 1/2 qt. cranberry juice

1 qt. ginger ale

Block of ice

In a large punch bowl, mix together fruit juices; chill. Just before serving, add ginger ale and stir. Add ice. (Ice cubes make punch difficult to serve; use larger blocks of ice instead.) Ladle punch into pretty punch glasses, and garnish with orange slices, if desired. Serves 12 to 16.

SPARKLING PUNCH WITH FROZEN FRUIT RING

- 1 red apple, sliced & cored
- 1 green apple, sliced & cored
- 1 med. orange, sliced then cut in half
- 1 cluster grapes, separated into sm. bunches of 6 to 8 grapes
- 1 qt. orange juice, chilled
- 1 qt. apple juice, chilled
- 2 qts. diet ginger ale, chilled

Dip apple slices into orange juice. Arrange fruit into a ring mold. Pour apple juice into the mold to cover 2/3 of the fruit. Freeze the mold and reserve the remaining apple juice for the punch. Before serving, mix remaining apple juice, orange juice and ginger ale together in a punch bowl. Remove fruit ring from the mold and float on top of the punch. Approximately 60 calories per 1 cup serving.

FRUIT PUNCH

- 3 qt. unsweetened pineapple juice
- Juice of 8 lemons
- Juice of 8 oranges
- Juice of 3 limes
- 2 c. sugar
- 1 c. mint leaves
- 4 qt. dry ginger ale
- 2 qt. soda water
- 1 pt. fresh strawberries (optional)

Combine fruit juices, sugar and mint leaves. Chill thoroughly (overnight at least). Just before serving, add ginger ale, soda, water and strawberries. Pour over large cake of ice in punch bowl. Float thin slices of lemon and lime. Serves 35.

FRUITED WINE PUNCH

- 1 (1.5 liters) jug Rhine wine
- 1 c. Karo light corn syrup
- Grapes, orange slices, lemon slices
- 1 (28 oz.) bottle club soda, chilled

In punch bowl mix wine and corn syrup. Add fruit. Cover; refrigerate several hours. Before serving add soda and ice. Makes 24 (4 oz.) servings. Mix and chill early in the day.

SPARKLING FRUIT PUNCH

- 4 oranges, juice
- 2 lemons, juice
- 1 pt. pineapple juice
- 1 sm. bottle maraschino cherries
- 2 qt. sparkling white grape juice

Place fruit juices and cherries in punch bowl over a cake of ice. Add grape juice. Serve. Makes 3 quarts.

FRUIT MEDLEY PUNCH

2 (10 oz.) frozen strawberries, in syrup, thawed
3 c. apricot nectar
3 c. cold water
1 c. lemon juice from concentrate
1 (6 oz.) frozen orange juice concentrate, thawed
1 c. sugar
3 (12 oz.) cans ginger ale, chilled

In blender, puree strawberries. In punch bowl, combine strawberries and remaining ingredients, except ginger ale; stir until sugar dissolves. Before serving, add ginger ale and ice ring.

Ice Ring: Freeze 2 1/2 cups water in 1 quart ring mold. Arrange assorted fruit on top of ice. Slowly pour 1/2 cup water over fruit, freeze.

FRUIT MEDLEY PUNCH

2 (10 oz.) pkg. frozen strawberries in syrup, thawed
3 c. apricot nectar
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1 c. lemon juice concentrate
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Ice Ring: Freeze 2 1/2 cups water in 1 quart ring mold. Arrange assorted fruits on top of ice. Slowly pour 1/2 cup water over fruit and freeze again.

Makes 3 1/2 quarts.

FRUIT RING PUNCH

RING:

Strawberries
Pineapple cubes
Orange sections
Lemon sections
Lime sections
Melon balls

PUNCH:

18 oz. frozen orange juice concentrate
1 can pineapple juice
6 c. cold water
2 liter 7-Up
2 lemons
4 limes

Arrange fruit in mold in its own juices. If necessary, add water to mold to cover fruit. Freeze. Squeeze juice from lemons and limes. Add concentrate, pineapple juice and water, stir until blended.

Just before serving, add 7-Up. Float frozen ring over punch. Add cut slices of lemon, lime, strawberri