

Raspberry Banana Smoothie with Coconut Milk and Rosewater

Posted By [Barb](#) On June 22, 2012 @ 5:14 pm In [Drinks](#) | [5 Comments](#)

The past few days have been brutally hot here in New York and when it gets this way, my appetite isn't quite the same. I usually like a big hearty breakfast, but now with the hot weather I just want to have refreshing drinks. So for breakfast today I made a blend of raspberries, bananas and coconut milk with a hint of rosewater. It's delicious and light, yet enough to fill you up!

Blend all ingredients together until smooth and creamy.



- 1 cup frozen raspberries
- 1 frozen banana
- 6 ounces coconut milk
- 1 teaspoon agave nectar or honey
- 1/2 teaspoon rosewater
- 1/2 cup ice

In a blender, add all of the ingredients. Blend on the highest speed until smooth and creamy. Add more ice or water for desired consistency.

Total time: 10 minutes

Yield: 3-4 cups