

Strawberry Rosewater Smoothie

Serves 2

- 12 ounces strawberries, trimmed
 - 1 frozen banana
 - 1/2 cup Greek yogurt
 - 1/2 cup almond milk
 - 2 tablespoons honey or agave nectar
 - 1 teaspoon rose water
 - 2 tablespoons chopped pistachios (optional)
1. Combine the strawberries, banana, yogurt, almond milk, honey, and rosewater in a blender and blend until smooth. Divide into glasses and top off with the chopped pistachios if using.